

# FRUIT SALAD



Serves 10

## INGREDIENTS

- 1 medium apple, cored and diced
- 1 cup strawberries, sliced
- 2 medium kiwis, peeled and sliced
- 2 medium bananas, peeled and sliced
- 1 tablespoon lime juice
- 1 tablespoon sugar
- ½ teaspoon ground cinnamon
- ½ teaspoon ground nutmeg
- 4 maraschino cherries

## PREPARATION

In a medium bowl, mix together the ingredients.  
Cover and chill in the refrigerator for approximately 20 minutes.  
Serve with baked cinnamon tortilla chips, if desired.

**Nutritional Information:** Per serving: 40 calories; 0g total fat; 0g saturated fat; 10g carbohydrate; 2g fiber; 0g protein; 43% Vitamin C.



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Adapted with permission from the SDSU  
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