

Update on the Healthy Incentives Program (HIP)

Last day to earn HIP benefits is February 28, 2019



HIP announces updated seasonal schedule!

What does that mean for HIP?

HIP will be operating on an extended seasonal schedule. This means that clients may earn HIP dollars through February 28, 2019.

We know HIP plays a crucial role in helping you buy healthy fruits and vegetables for your household therefore HIP will resume in Spring 2019.

To find a location, go to www.mass.gov/massgrown. Click on the map and choose SNAP, under nutrition programs.

For more information on DTA programs
Please visit mass.gov/dta
Follow us on Twitter at @DTA_Listens



Maximize Your SNAP Benefits

There are other ways to maximize your benefits.

Tell DTA About Your Expenses!

You may get credit for these expenses even if you are currently not paying for them in full. This may help to increase your SNAP benefits!



Utility Costs: Heating, Cooling, Electricity, Trash Collection, Water & Sewerage, Phone



DOR Child Support Payments: You may receive credit for paying court ordered child support



Shelter Costs: Rent, Mortgage (Principal, Interest, Taxes, & Insurance), Condo Fees, etc.



Dependent Care Costs: Tell us about childcare or adult dependent care costs



Medical Costs: Elderly or disabled clients may claim Co-pays, Prescriptions, Over-the-Counter Medications, Health Insurance, Transportation, etc.

More Resources



To find local food sources please call Project Bread's Food Source Hotline at 1-800-645-8333



To find essential health and human services programs in your area please call 2-1-1



To find nutritional advice please visit the Food & Nutrition Service website at www.choosemyplate.gov



To find local employment & training providers please visit www.snappathtowork.org



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