

# Prenatal Healthy Beginnings - Steward Health Choice Members Program

*Offers FREE Doula care, car seat, childbirth classes at participating hospitals, personal support to help you during you pregnancy, birth and after you go home from the hospital, \$25 gift card when you have a prenatal visit within the first 3 months of pregnancy!*

## Refer Your Pregnant Steward Health Choice Members!

### How to refer:

**Option #1:** You can refer pregnant Steward Health Choice members to SHCN Care Management and provide the following information:

- Your name and contact info
- Patient's full name and date of birth
- Patient's confirmed phone number
- Patient's estimated date of delivery if known
- Name of patient's obstetric provider

**Phone:** (781) 493-7996

**Fax:** 781-493-7909

**Email:** [SHCNCareManagement@steward.org](mailto:SHCNCareManagement@steward.org)

**Option #2:** Patients can self-refer by calling Steward Health Choice Member Services: **855-860-4949**

### Having a baby or thinking about getting pregnant?

**As your health plan, Steward Health Choice is here to support you!**

When you join Steward's Healthy Beginnings Program, you get lots of FREE Extra Benefits\*:

- Free car seat
- Free childbirth classes at participating hospitals
- Free personal support to help you during your pregnancy, birth, and after you go home from the hospital

You can even get a \$25 gift card for having a prenatal visit during the first three months of pregnancy!



\*Only current and eligible Steward Health Choice members can get Extra Benefits. Some restrictions may apply. Extra Benefit programs are subject to change or discontinuation without prior notice. SHC\_MA\_HERE\_APR19



As your health plan, we will make sure you and your baby have what you need for a healthy beginning. We will help you find local free and low-cost programs for things like:

- Diapers and baby supplies
- Housing and transportation
- Taking care of your baby
- How to nurse or breastfeed
- New parent support groups

The programs and Extra Benefits you get from Steward Health Choice can help you have a safer and healthier pregnancy, birth, and beyond.

Get started on the right path and get the most from your health plan. JOIN the Steward Healthy Beginnings Program today!

**Learn more and sign up by calling Steward Health Choice Member Services at 1-855-860-4949.**