

Call the 10to10 Helpline Rather Than Harming Your Partner

**RATHER THAN
HARMING YOUR PARTNER,
CALL US FOR HELP.**

Is your partner afraid of you?

**How do you know if your relationship
is healthy or if you have gone too far?**

**WE CAN HELP YOU
FIGURE IT OUT.**

**Are you a family member,
friend or professional
worried that someone
is hurting their partner?**

YOU CAN CALL TOO.

**365 DAYS A YEAR
10am-10pm**

877-898-3411



facebook.com/helpline1010.org ⇨
Instagram: @Helpline1010



**Confidential & Anonymous
Language Translation Available**

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