
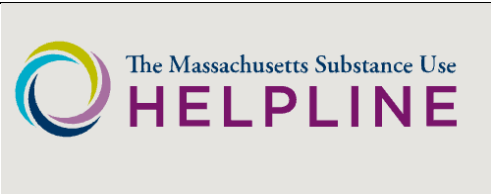




Support and Resources For Substance Misuse

<p>The Journey Project <i>State-wide</i></p>	 <p>Online State-wide resource</p> <p>An interactive web-based resource for pregnant and parenting women with substance use disorders. The site, featuring informational slideshows, video testimonials and links to resources, is designed to increase access to treatment and provide support, guidance, and encouragement to women in recovery.</p>	<p>www.journeyrecoveryproject.com</p>
<p>MA Substance Use Helpline <i>State-wide</i></p>	 <p>The Helpline is the only statewide, public resource for finding substance use treatment, recovery, and problem gambling services. Helpline services are free and confidential. Our caring, trained Specialists will help you understand the treatment system and your options..</p>	<p>1-800-327-5050</p> <p>www.helplinema.org</p>
<p>POSC <i>State-wide</i></p>	<p>PLAN OF SAFE CARE (POSC)</p> <p>This resource is from the State WIC Office. It contains a web-based resource repository portal with searchable resources supporting programs and services for perinatal substance exposure for moms, babies, or guardians etc. Please review the portal from time-to-time for added resources by zip code; see Resource Search. If a resource is missing on the portal, we have the ability to add our own local resource(s) by clicking on the blue icon on the bottom, right hand side of the page (FEEDBACK). The link for POSC can be found on the Institute for Health and Recovery, Inc. WIC programs are also listed on the portal.</p>	<p>https://www.mass.gov/info-details/information-about-plan-of-safe-care-posc</p>

<p>Moms Do Care</p> <p><i>Brockton</i></p>	 <p>MOMS DO CARE (MDC)</p> <p>A program for pregnancy and postpartum and parenting women at Brockton Neighborhood Health Center. Designed to create regional, integrated and sustainable webs of support for pregnant, postpartum and parenting women and their families affected by opioid use disorders.</p>	<p>Brockton Neighborhood Health Center</p> <p>63 Main Street</p> <p>508-894-3460</p> <p>AsK to speak with a clinical care coordinator or email Jeanie Jeudy, at jeudyj@bnhc.org.</p> <p>http://www.healthrecovery.org/projects/moms-do-care/</p>
<p>Sober Mommies</p> <p><i>Nation-Wide</i></p> <p>(based in Canton, MA)</p>	 <p><i>Everyone deserves a safe place, to feel accepted and loved, regardless of their recovery choices.</i></p> <p>Online support and more...</p>	<p>781-247-5672</p> <p>https://sobermommies.com/partners-sponsors/</p>

Marijuana and Pregnancy and Breastfeeding

Marijuana use before getting pregnant, during pregnancy and after delivery can affect the health of you and your baby. Using marijuana is not recommended if you are breastfeeding and/or caring for an infant. Talk to your doctor if you are using marijuana and are pregnant or planning to become pregnant.



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